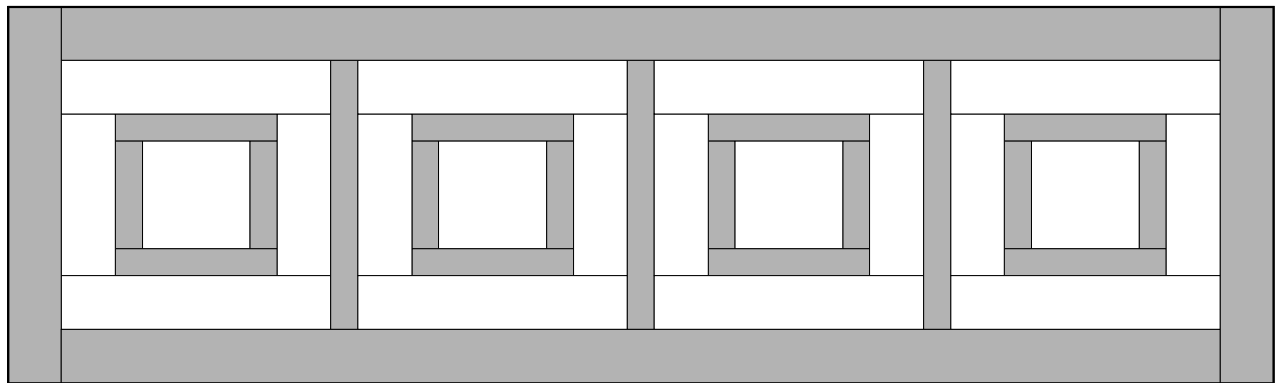


## Table Runner Pattern

Approximate finished size 21 x 70 inches

Designed by Cindy Roth

Make this simple Table Runner and quilt it with the  
1 inch Sashiko Circles Template.



<b>Fabrics</b>	<b>Cutting</b> wof = width of fabric
Light Fabric - 3/4 yard	1 - 6½ inch x wof strips Cut into 4 - 6½ x 6½ inch squares (A) 6 - 3½ inch x wof strips Cut into 8 - 3½ x 15½ inch rectangles (E) Cut into 8 - 3½ x 9½ inch rectangles (D)
Dark Fabric - 3/4 yard	4 - 3½ inch x wof strips (outer border) 6 - 2 inch x wof strips Cut into 8 - 2 x 6½ inch rectangles (B) Cut into 8 - 2 x 9½ inch rectangles (C) Cut into 3 - 2 x 15½ inch rectangles (F)
Binding—1/2 yard	Cut 5 wof strips in the desired size for your binding of choice.
Backing - 2-1/4 yard Batting of choice	

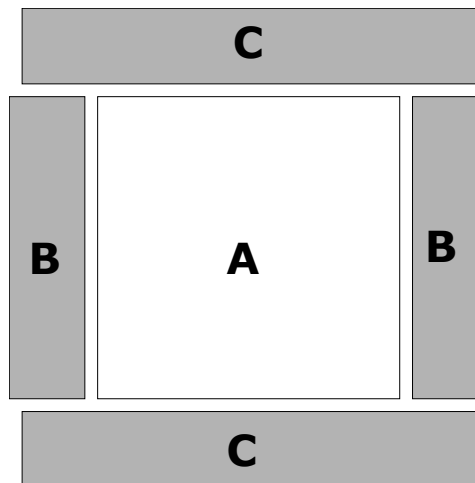
# Simple Table Runner Pattern

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All seams are 1/4 inch. Press towards darker fabric or as desired.

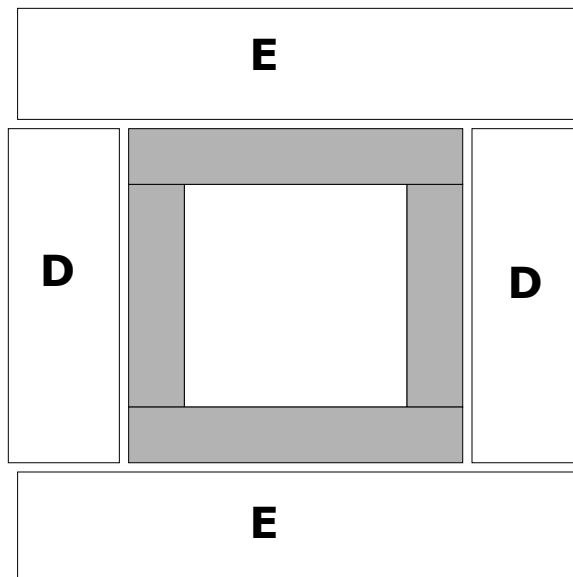
Take pieces A, B, and C and lay out as shown at the right.

Stitch, then press.



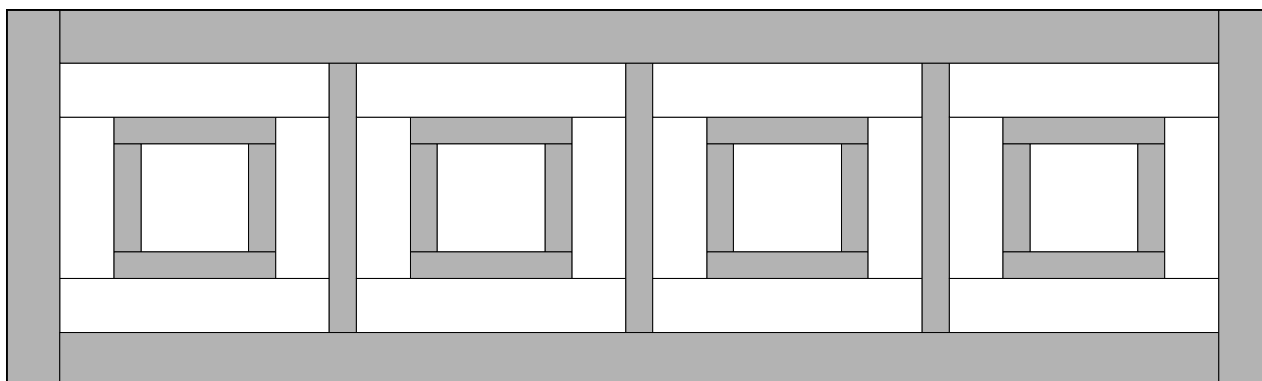
Take pieces D and E and lay out as shown at the right.

Stitch, then press.



Take the F pieces and stitch them between the blocks as shown below. Press.

Add the 3½ inch borders in your usual way. Press.



# Simple Table Runner Pattern

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You can quilt this Table Runner any way you desire.

If you are using the 1 inch Sashiko Circles template, here is a suggested quilting plan.

## **Blocks 1 and 3**

Inner square, Overlapping Circles  
Outer (light) area, Circles All Over

## **Blocks 2 and 4**

Inner Square, Fish Net Version 2  
Outer (light) area, Fish Net Version 1

## **Inner (dark) Block Sashing**

Border designs show in this instruction manual

## **Sashing Between Blocks**

Border - Middle to the Corners, stopping short of the seam.

## **Outer Border**

Ying Yang border using 2 inch diameter Sashiko Circles template and the 1 inch diameter Sashiko Circles template.

**Note #1:** Refer to the 2 inch Sashiko Circles Template manual to learn how to quilt the Ying Yang design.

**Note #2:** Outer Border is slightly oversized. It can be trimmed after quilting is completed.

